

NOTTINGHAM – FINAL 8 – UNDER 16 NATIONAL CUP

Parents information sheet

▪ **Purpose of the trip**

Our Under 16 girls team have reached the final 8 of England Volleyball's National Cup. This is a fantastic achievement for the team and an experience that they will without doubt never forget. The competitive matches take place on Saturday 7 March 9.30 am, but in order for the girls to be fully prepared we are travelling the night before.

We would like to actively encourage parents and supporters to attend and support this event. The event will be a great chance to see our young players in action. If you wish to attend hooters etc would be welcomed to create atmosphere for our team. Those who went to see GB play will know what we mean, it is a noisy fun atmosphere.

• **Name and contact of the organiser**

Caroline Little; xxxxxxxxxxxxxxxx

• **Names of all staff [and alternative emergency contact numbers] – all staff are CRB checked.**

Caroline Little- xxxxxxxxxxxxxxxx

Lesley Shepherd - xxxxxxxxxxxxxxxx

Dave Coates - xxxxxxxxxxxx

Stewart Stobbs - xxxxxxxxxxxxxxxx

• **Name and contact of the competition organisers**

Gemma Nunnerly, Events and Competitions Officer, Volleyball England; Telephone xxxxxxxxxxxx; Mobile xxxxxxxxxxxx www.volleyballengland.org

Venue – University of Nottingham – Jubilee Campus

Directions

University of Nottingham, Jubilee Campus Sports Centre
Triumph Road
Nottingham
NG7 2GA

From M1 Motorway: Leave the M1 motorway at Junction 25 to join the A52 to Nottingham. After about 5 miles you will pass the main university campus in your right. At the large university/Queens Medical Centre roundabout go straight ahead towards the city centre. Go past the Rose & Crown pub and Jaguar garage and take the next left – Triumph Road.

- **Transport throughout the trip**

We have hired a 17-seater minibus from Van Gough Van Hire, Station Rd, South Bank. All vehicle insurance is included in the rental. Our driver for the weekend, Stewart, has a lot of experience of driving minibuses.

The minibus will be used to transport everyone to the hotel on Friday, from the hotel to the venue on Saturday morning, and to transport everybody back to Marske on the Saturday evening. As expected, seatbelts are compulsory and this rule will be strictly enforced.

- **Accommodation details**

We have booked rooms at the following hotel:

Hilton, East Midlands Airport Hotel, Junction 24 on the M1, Tel: 01509 674 000


Breakfast on the Saturday morning is included but no other meals are booked.

<http://www.hilton.co.uk/eastmidlandsairport>

Please note this venue has a pool that we MAY have time to use.

The screenshot displays five columns of amenities for the Hilton East Midlands Airport hotel:

- Stay Active:** Whether you want to work out or just relax and be pampered, look no further than the Hilton East Midlands Airport hotel's LivingWell Health Club. Swim in the 16-metre heated pool, take a sauna or soak in the whirlpool spa. Book a massage or reflexology treatment.
DETAILS:
 - Beauty Salon
 - Cardio Equipment
 - Fitness Centre/Health Club
 - Guest Activity/Recreation Desk
 - Indoor Pool
 - Pool
 - Sauna
 - Steam Room
 - Whirlpool
- Stay Comfortable:** The Hilton East Midlands Airport hotel is a full-service hotel. From the moment you arrive, you will realise that we pride ourselves on providing a personalised service in a relaxing setting. We review our facilities regularly and have a Duty Manager who is available around the clock to help you with your needs.
DETAILS:
 - Coffee shop
 - Airport Van/shuttle
 - Baggage Storage
 - Concierge Desk
 - Continental Breakfast
 - Courtesy Transportation
 - Accessible
 - Laundry/Valet Service
 - Lounge
 - Luggage Hold
 - Multi-Lingual Staff
 - Parking facility
 - Pets Allowed
 - Restaurants & Bars
 - Room Service
 - Safety Deposit Box
 - [Dining & bars](#)
- Stay Connected:** The Hilton East Midlands Airport hotel's 13 versatile meeting rooms cater to 2-300 guests. All meeting rooms have broadband access.
DETAILS:
 - Business Centre
 - Foreign Currency Exchange
 - [HS Internet](#)
 - Meeting Rooms
 - Video Conferencing Available
 - Wired Guest Rooms
 - Wireless IIG Rooms
 - [Meetings & conferences](#)
- Stay Entertained:** The Hilton East Midlands Airport hotel is ideally located for Donington Park race circuit and Alton Towers amusement park and other East Midlands attractions. Our Health Club has a 16-metre swimming pool, fully equipped gym, steam room, sauna and beauty salon.
DETAILS:
 - [Destination guide](#)
- Stay With Family:** Why not join the kids for a splash in the hotel's heated pool after a day of fun at Alton Towers Theme Park.
DETAILS:
 - Children's Menu
 - Connecting Rooms
 - Crib / Cots
 - High chairs



Accommodation at the village hotel in Nottingham was also available at £55 a double room including breakfast and the facilities are 4-5* see www.laterooms.co.uk if you wish to travel down the night before and make a weekend of it. Various other hotels etc are available in Nottingham.

- **Trip itinerary**

We will leave Bydales School in Marske on **Friday 6 March at 5 PM** and we expect to arrive at the hotel around 8 PM. There will be one stop en-route and the coaches will constantly supervise the team throughout that stop.

The evening will be spent in the hotel. We have asked for rooms to be arranged so that we are all together with adult rooms at either end so that movements can be monitored.

Breakfast will be taken in the hotel on Saturday morning and we will then drive the 15 miles to the venue in the centre of Nottingham. The event is being held at the University of Nottingham main campus.

The full squad will be supervised closely on Saturday and the usual arrangements to promote safety will be followed.

9:30 am	Arrival & Registration
9:40 am	Pre-competition brief
10:00 am	5-min general warm-up for teams participating in match 1
10:15 am	Match 1 commences on all courts.
O/c match 1	5-min general warm up for teams participating in match 2 on all courts.
Plus 5 mins	Match warm up.
Plus 8 mins	Match 2 commences on all courts.
Thereafter	All remaining matches must start no later than 5 minutes after the preceding match finishes. This will allow a short general warm up prior to matches.

We expect to return to Marske **between 7 and 8 PM on Saturday 7 March**. Once we know a more precise return time we will ensure all players ring home.

• **Kit and equipment list**

The team need to bring:

- Red playing shirt [i-bod sponsor]
- Black shorts - erea
- Trainers
- Black Marske Phoenix sweatshirt – hoody
- Old Marske top – in case venue very hot – red phoenix
- Small towel
- Swim wear [optional]
- Food for Saturday lunch and evening
- Water/drinks for Saturday
- Usual Pj's etc.

• **Emergency procedures**

All coaches have details of emergency procedures and any medical information that you have given will be stored securely by Lez Shepherd. Mobile telephone numbers of the whole party will be circulated so that anyone on the team can contact any one else.

We have a qualified first aider – Caroline Little and the competition has its own first aid arrangements.

• **Codes of conduct and child protection procedures**

We will remind the team of our club's code of conduct, which is available on our web site – www.marskevolleyball.co.uk

All staff have CRB [Criminal Record Bureau] clearance and the three coaches also have child protection clearance from Volleyball England.

Please also note that we shall be taking a squad picture of the qualifying finalists at the end of the competition for the National Finals programme and also individual player photos for accreditation.

- **Cost**

The cost of the whole trip will be £25 per team member. This is basically the cost of the accommodation as the club has paid for the cost of transport from the reserves in our budget.

- **Spending money**

Spending money will be required to cover any food and drink bought on the Friday evening or at the event itself, especially if food is not brought from home. We cannot guarantee food will be available at the venue.

- **Insurance details**

We are covered by Volleyball England's insurance

- **Competition rules**

F. Last Eights (Quarter & Semi-Final Rounds)

1. No Pool shall commence before 10.00am without the written consent of all participating teams.
2. The 8 qualifiers shall be divided into 2 Quarter Final Pools of 4 teams each.
3. All teams in the Pool shall play each other. (Final order as per general Rule L, using the following format :

Under 16 Girls - Saturday 7 March 2009	
University of Nottingham	
Group A	Group B
A = Nunthorpe Eagles A B = Tettenhall Tigers C = Richmond D = Aschombe	A = Marske B = Tameside A C = Redhill A D = Boswells School

The playing order shall be:

A v B	Officials C
C v D	Officials A
B v C	Officials D
A v D	Officials B
A v C	Officials D
B v D	Officials C

4. The winners of each Pool shall stay on their own court and play the Runners Up of the opposite Pool in the Semi-Finals on the same day.
5. All matches shall be played to the best of three sets.
6. There shall be no play-offs for minor places.
7. Semi-Final losers shall be equal third.
8. Thirds in Pools shall be equal fifth.
9. Fourths in Pools shall be equal seventh.
10. Volleyball England will provide qualified 1st officials. Teams may be expected to provide competent 2nd officials, scorer and at least 2 competent linespersons in neutral matches.
11. The team finishing fourth in their Pool will be expected to provide the linespersons and scorers for the semi-finals.

We are covered by Volleyball England's insurance